### MICCOSUKEE HEALTH DEPARTMENT



# WELLNESS EDUCATION WORKSHOP

For everyone, come out and benefit from health advice, screenings, good food, prizes, and more...



# Preventing Diabetes Complications Thursday, December 18th 10:00am - 4:00pm

# All services will be conducted in the Auditorium

Are you due for your eye, foot or dental exam? Schedule your appointment today by calling (305)894-2387.

Healthy Lunch from 12:00pm to 2:00pm

## **CLINIC SCREENINGS**

- •Blood Pressure
- Blood Sugar
- Lab Check
- •Dental
- •Foot Exam
- •Eye Exam
- Nutrition Consultation
- Fitness & Exercise
- •Human Services Counseling
- Prescription Medicine Consultation

