Seasonal ENDEPARTS Depression Impacts our Community

CCOSUKA

Join us to learn about seasonal depression. Let's focus on self-care tips and how we can work through this time together

> Wednesday, December 3rd 12:30-1:30 PM

MHC 2nd Floor Conference Room

SNACKS & REFRESHMENTS PROVIDED

No sign-up required- Just show up!

Contact Us for more information



@MiccosukeeHealthCenter



MiccosukeeHealth.com



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