



# Join us for a discussion about **Self-Harm Awareness**

**We are here to slowly remove the  
stigma around self-harm as well as  
support those in distress.**

You are not alone.

**Wednesday, March 4th  
12:30-1:30 PM  
MHC 2<sup>nd</sup> Floor Conference Room**

**SNACKS & REFRESHMENTS PROVIDED**

**No sign-up required- Just show up!**



**Contact Us  
for more information**

 @MiccosukeeHealthCenter

 MiccosukeeHealth.com

 305-894-2387

