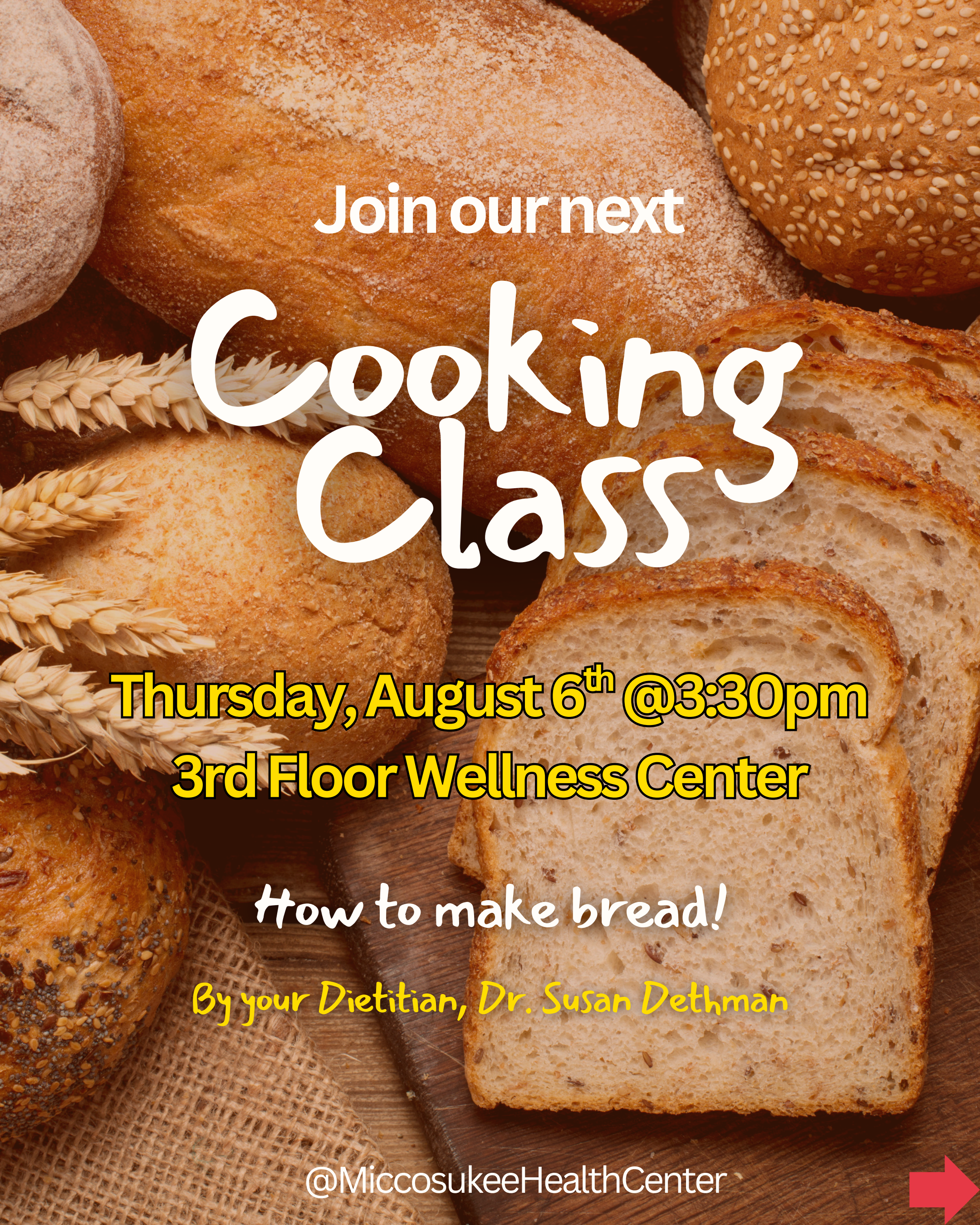




Join our next

# Cooking Class

**Thursday, August 6<sup>th</sup> @3:30pm**  
**3rd Floor Wellness Center**

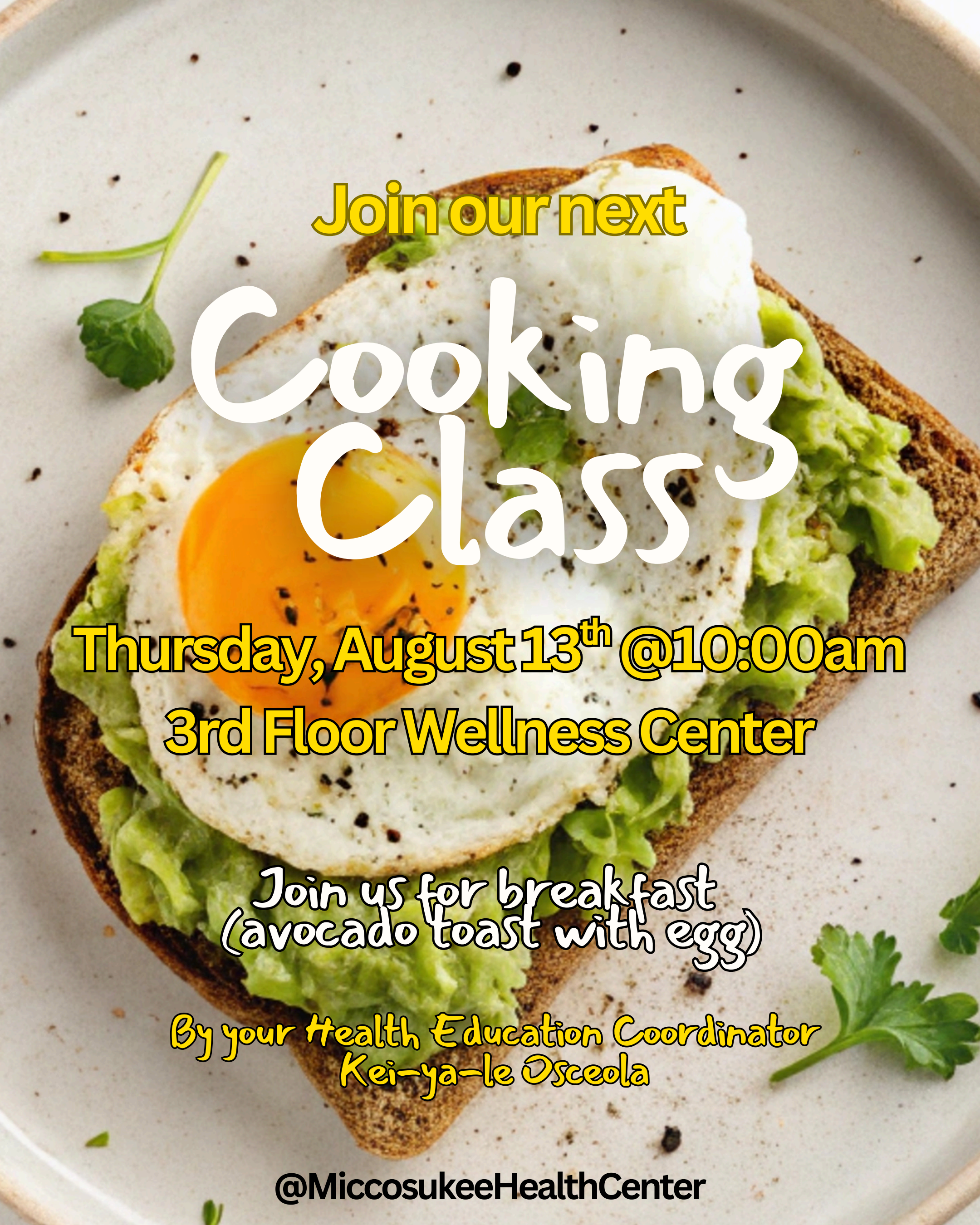
*How to make bread!*

*By your Dietitian, Dr. Susan Dethman*

@MiccosukeeHealthCenter







Join our next

# Cooking Class

Thursday, August 13<sup>th</sup> @10:00am

3rd Floor Wellness Center

Join us for breakfast  
(avocado toast with egg)

By your Health Education Coordinator  
Kei-ya-le Osceola

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