



JUNE 2026



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

2

3 12PM GROUP FITNESS
12:30PM MEN'S MENTAL HEALTH AWARENESS DISCUSSION

4 12:30PM COOKING WITH SUSAN

5 12PM GROUP FITNESS CLASS

8 12PM GROUP FITNESS CLASS

9 12PM GROUP FITNESS CLASS

10 12PM GROUP FITNESS CLASS

11 12PM GROUP FITNESS CLASS

12 12PM GROUP FITNESS CLASS

15 12PM GROUP FITNESS CLASS

16 12PM GROUP FITNESS CLASS

17 12PM GROUP FITNESS CLASS

18 10AM-4PM WELLNESS DAY
12PM GROUP FITNESS CLASS

19 HOLIDAY- WELLNESS, PHARMACY, AND DENTAL CLOSED

22 12PM GROUP FITNESS CLASS

23 12PM GROUP FITNESS CLASS

24 12PM GROUP FITNESS CLASS

25 12PM GROUP FITNESS CLASS

26 12PM GROUP FITNESS CLASS

29 WELLNESS SUMMER CAMP STARTS

30 12PM GROUP FITNESS CLASS