MICCOSUKEE NEWS

Keep up with your health at the Miccosukee Health Center.

MEN'S HEALTH WEEK 2026



SAVE THE DATES NOVEMBER 15-22

Stop by the Miccosukee Health Center between November 15th to the 22nd to get your health screenings and enter to win a special prize. You may come in by appointment or walk in for CLINIC services. Services that you NEED an appointment for are Podiatry, Dental, Human Services, Massage Therapy, Physical Therapy, Personal Training, and Dietitian/Endocrinology.

SERVICE HOURS

Podiatry: Monday and Thursday 9am-5pm
Dietitian/Endocrinology: Tuesday-Friday 9am-5pm
Dental: Monday-Friday 8:30am-3:30pm
Personal Training: Monday-Friday 8am-7pm
Human Services: Monday-Friday 9am-7pm
Massage Therapy: Monday-Friday 9am-5pm
Clinic: Monday-Friday 10am-10pm
Saturday & Sunday 12pm-6pm

BONUS:

GET ALL SERVICES DONE IN ONE PLACE AT OUR WELLNESS EVENT ON NOVEMBER 19TH FROM 10AM-4PM

MEN'S HEALTH WEEK

PASSPORT

COLLECT YOUR SIGNATURES! EACH COMPLETION = ONE RAFFLE TICKET. COMPLETE 5 ITEMS FOR A GIFT CARD.
NAME AND PHONE NUMBER ARE REQUIRED!

***NAME:** _____ ***PHONE NUMBER:** _____

Visit the clinic for a prostate health screening or Men's Health Education.

Initials: _____

Visit the clinic for labs and/or an immunization.

Initials: _____

Visit Human Services for mental health education *by appointment* or come to their Grief & Bereavement Awareness Class 11/18 @12:30pm

Initials: _____

Visit Dental for a cleaning (if you had an appt in the last 3 months or in the next 3 months, that counts). ***by appointment***

Initials: _____

Visit the Dietitian and/or Endocrinologist. ***by appointment***

Initials: _____

Visit the Pharmacy for a medication check or education.

Initials: _____

Visit the Wellness Center for: Massage therapy or Personal Training ***by appointment*** or a workout

Initials: _____

Visit the Podiatrist for a foot exam or education. ***by appointment***

Initials: _____

BONUS: **Go to our Wellnes Event 11/19 10am-4pm *in the Auditorium***

Initials: _____

*******PLEASE TURN THIS PAPER BACK INTO 1ST FLOOR RECEPTIONISTS. YOU WILL BE CALLED FOR YOUR GIFT CARD AND IF YOU WIN A RAFFLE*******